Workshops designed to improve your college skills set.
Offerings are for specific times, but are also available for individual appointments by request.
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Let FYE (First Year Experience) Be Your GPS

The FYE program is designed to offer support, resources, and referrals for all students who have currently earned less than 25 credit hours. We want to provide you with the tools needed to navigate your college experience successfully. Let’s get you started!

Study Skills and College Success

You’ve gotten your high school degree or equivalency, but did you learn how to study along the way? You may have done well in high school without ever having to study, or maybe you struggled to get through. It’s very common for new college students to not have the skills set or the discipline to study effectively: something that is essential to be successful in college. You will find it isn’t all about working harder, but finding more effective and efficient ways to utilize the time you have to get the work done. Please join us to learn some proven techniques and discover resources that will help you keep those grades up in college or boost them to the next level.

Sanborn Campus
Dates/Times: Wednesday, January 30 at 2:00
Thursday, January 31 at 2:00
or by appointment
Location: A-131
Facilitator: Kelly Boswell

NFCI Campus
Dates/Times: Wednesday, January 30 at 2:00
Thursday, January 31 at 2:00
Location: NFCI-142
Facilitator: Kelsey Zuccari

Advisement Preparation and Academic Planning

Have you found yourself asking: How do I register for next semester? What classes should I take? Who is my advisor and how do I find them? Do I even have an advisor? Can I walk in to see them or do I need an appointment? Can I use my old RAP number? What if I want to change my major and how do I do it? These and many more questions will be answered by attending this workshop. It will help you feel more prepared and confident when meeting with your advisor and instruct you on using Degree Works degree audit and Banner Web more effectively. Remember – Fall and Summer registration is right around the corner so don’t miss out on this workshop!

Sanborn Campus
Dates/Times: Tuesday, March 5 at 2:00
Wednesday, March 6 at 2:00
or by appointment
Location: A-131
Facilitator: Winifred Storms

NFCI Campus
Dates/Times: Wednesday, March 6 at 2:00
Thursday, March 7 at 2:00
Location: NFCI-142
Facilitator: Kelsey Zuccari

Does My Major Determine My Career?

There are several factors to consider when choosing a major, including the type of job/field you desire, salary, education/training required, growth outlook, etc. If you are questioning whether the major you chose is the right one for you or if you are thinking about changing your major but aren’t sure which one to choose, consider attending this session where we will discuss these topics and more!
Sanborn Campus
Dates/Times: Wednesday, March 20 at 2:00
           Thursday, March 21 at 2:00
           or by appointment
Location:   A-131
Facilitator: Daniel Teichman

NFCI Campus
Dates/Times: Wednesday, March 20 at 3:00
           Thursday, March 21 at 2:00
Location:   NFCI-142
Facilitator: Kelsey Zuccari

Don’t Freak Out Over Finals!
It’s normal for college students to feel overly stressed about finals week, but there are ways to manage the stress and use it to your benefit! Join this interactive workshop to gain valuable tips on stress management and help you “stay cool” during finals week.

Sanborn Campus
Dates/Times: Monday, April 29 at 2:00
           Thursday, May 2 at 2:00
Location:   A-131
Facilitator: Janelle M. Ventura, LMSW & Joann Copra
            Individual appointments for personal counseling can be made through the Wellness Center in C-122;
            716-614-3280
Organizer:  Kelly Boswell

NFCI Campus
Dates/Times: Wednesday, May 1 at 3:00
           Thursday, May 2 at 2:00
Location:   NFCI-142
Facilitator: Kelsey Zuccari

To meet with your personal Success Coach, find them in your Success Network in Starfish, call 614-6490, or stop by Student Development A-131 to make an appointment. And visit us on the web at http://www.niagaracc.suny.edu/fye/. We look forward to assisting you!

Academic Workshops
I Need Some Help!!!
Are you feeling confused about how to start your class assignments? Need to find “scholarly” articles, whatever they are? Maybe some one-on-one time with your own personal librarian can help get you moving in the right direction! We can work together finding and evaluating sources for your current assignment at a time that works for you. Once you learn good research skills, you will be set to apply them to all of your future assignments, regardless of the topic.

Call Mary Beth Morse at 716-614-6781 (campus ext. 6781) or email mbmorse@niagaracc.suny.edu to schedule an individual appointment.
Advisement & Registration Workshops

Preparing for My Advisement Appointment

IT'S NOT TOO EARLY!! This workshop will prepare a student for a successful advisement meeting with their advisor. Topics will include:

- Clarification of curriculum requirements and where to find them
- What questions you should ask your advisor
- Why you meet with your advisor
- And additional student concerns

Dates/Times:  
- Wednesday, March 6 at 1:00
- Thursday, March 14 at 2:00

Location: A-131, Student Development

Facilitator: Tony Ventresca
Do You Know Who Your Academic Advisor Is?

Students can view their advisor assignment through Degree Works, NCCC’s student information system, by following these directions:

- Login to Degree Works
- Enter Your T-Wolves Username (Example: "JSmith123") and Password
- Click "Login"
- Academic Advisor name and contact information located at the top right of the "Academic/Demographic Summary" Section.

Degree Evaluations Using Degree Works

This hands on workshop will show you how to verify if the coursework you are taking or have taken is putting you on track for graduation. We will show you how to properly run a degree evaluation using Degree Works. This workshop will provide you with step-by-step instructions for running degree evaluations and “What-If” Analyses and then interpreting the results.

Both students and advisors are encouraged to attend. Attendees will have the opportunity to ask questions and run their own degree evaluations during the appointment.

Date/Time:      Tuesday, February 26 at 11:00
Location:      A-201, Registration & Records Office
Facilitators:  Melissa Lock & Kristin Walck

How to Use Course Scheduler

Come and see the new software that builds class schedule options that work for you. Tell us what days/times you cannot take classes. Tell us what classes you need to take. Then view a variety of class schedules that work for you! It’s the latest and greatest software that considers your busy schedules and streamlines the time it takes to build a schedule.

Date/Time:      Wednesday, March 6 at 1:00
Location:      A-201, Registration & Records Office
Facilitators:  Melissa Lock & Kristin Walck

Non-Matriculated Student Concerns

Students will meet with an advisor on campus who is responsible to serve as a resource person for non-matriculated students. This workshop will also discuss the benefits and procedures of becoming a matriculated student for those who are interested. Students unable to attend the workshop should contact Student Development at 614-6290 for any assistance needed.

Dates/Times:  Wednesday, February 6 at 2:00
              Thursday, February 7 at 4:00
Location:      A-131, Student Development
Facilitator:  Deborah J. Robinson, Ph.D.
Career Services Workshops

So You Want to Go Into a High Demand Program...
This workshop is designed to discuss the academic requirements that students need to know if they are considering curriculum changes into the following programs: Animal Management, Phlebotomy, Physical Therapy Assistant, Medical Assistant, Massage Therapy, Surgical Technology, and Radiologic Technology.

Dates/Times:  Tuesday, January 29 at 2:00  
Thursday, February 7 at 1:00  
Wednesday, February 27 at 11:00  
Thursday, March 7 at 2:00  
Wednesday, March 20 at 11:00  
Tuesday, April 2 at 2:00  
Thursday, April 25 at 11:00  
Wednesday, May 8 at 11:00

Location:  A-131, Student Development  
Facilitator:  Deborah J. Robinson, Ph.D.

Have You Visited the Career & Transitional Services Webpage?
Visit the Career & Transitional Services section of the NCCC website to find the Job Board, helpful career videos, resources and much more!

Visit: http://niagaracc.suny.edu/cts/

Health & Wellness Workshops

Substance Abuse Awareness Workshop
Join us for our Monthly Substance Abuse educational series!! This is an interactive workshop, open to any participants interested in increasing their knowledge about substance abuse and its effects.

Dates/Times:  Monday, January 28 at 4:00  
Monday, February 25 at 4:00  
Monday, March 25 at 4:00  
Monday, April 29 at 4:00

Room:  B-140  
Facilitator:  Janelle M. Ventura, LMSW
Spring Health Fair
The Spring Health Fair is open to students, staff, and the community. There will be vendors from many agencies providing health/wellness information and free screenings such as blood pressure, etc... There will also be a drawing for FREE prizes.

Dates/Times: Tuesday, March 26 from 10:00-1:00
Location: Main Gym (H-Building)
Facilitator: Wellness Center Staff

Support Groups

Single Moms Group Meetings
As part of the Mapping Opportunities for Single Parents program at NCCC, this group gives single mothers a chance to get together and support one another. Sessions will also either include a guided discussion topic, guest presenter, or fun activity. All single mothers are welcome!

Dates/Times: Wednesday, January 23 at 1:00
           Tuesday, February 5 at 1:00
           Wednesday, February 20 at 1:00
           Tuesday, March 5 at 1:00
           Wednesday, March 20 at 1:00
           Tuesday, April 2 at 1:00
           Wednesday, April 17 at 1:00
           Tuesday, May 7 at 1:00
Location:  A-131, Student Development
Facilitator: Kelly Boswell

Veterans and Military Students Meet & Greet Reception
This is an opportunity for new and returning veterans and military students to:

• Meet other veterans
• Find out about NCCC’s Veterans Association
• Get more information about other veteran student services
• Enjoy a break from classes and free food

Date/Time:  Tuesday, February 12 at 12:30
Location:  B-103, Student Development/Veteran Services Office
Facilitator: Veteran Services

SALUTE - National Veterans Honor Society Information Session
SALUTE (Service-Leadership-Unity-Tribute-Excellence) is a national academic honor society recognizing veterans and military personnel who have demonstrated outstanding performance in the academic setting. One of the primary goals of SALUTE is to acknowledge, congratulate and recognize members who have shown courage, strength, leadership, excellence and perseverance in their military endeavors and now are showing that same commitment to their academic careers. Attendees of this workshop will be given information regarding eligibility and application requirements for the organization. If you are unable to attend the workshop but would like information about SALUTE, contact the Veteran Services office (B-103 or call 614-6283).

Date/Time:  Wednesday, February 20 at 2:00
Location:  B-103, Student Development/Veteran Services Office
Facilitator: Veteran Services

The VA Tutorial Assistance Program
Are you having difficulty with a class? If you are a student receiving VA educational benefits, there is a program that may help you. The VA Tutorial Assistance Program is available if you are receiving VA educational assistance at a half-time or greater rate and have a deficiency in a course that is part of your approved program, making tutoring
This session will provide information on how the tutorial assistance program works, who is eligible, and how to apply. (Note: this benefit is not available under REAP).

Date/Time:  Tuesday, February 19 at 10:00
Location:  B-103, Student Development/Veteran Services Office
Facilitator:  Veteran Services

**Technology Resources Workshops**

**What Do I Need to Do to Get Started in an Online or Hybrid Course?**

In this workshop, you will learn how to log in and get started in your online or hybrid course(s).

Topics Covered:

- What is a Hybrid or Online Course, Expectation, Requirements, Attendance
- Logging on, finding your course and navigation
- Course calendar/schedule and when to “attend class”
- How to contact your professor
- Where to find assignments
- NCCC eLearning Student Orientation, Resources, Help

Dates/Times:  Monday, January 14 at 2:00 in Room D-303
              Tuesday, January 15 at 12:30 in Room D-303
              Webinar: Wednesday, January 16 at 5:00  Join the meeting at https://zoom.us/j/7765353105
Facilitators:  eLearning Department

**Tech Tools to be Successful at NCCC**

In this workshop, you will learn how to find NCCC resources, free technology tools, and how to use the tools NCCC provides their students.

Topics covered:

- How to access Blackboard and find your courses
- How to get Office 365 (Word, Excel, PowerPoint, & Access) for free
- How to use Google Drive
- Accessing, searching researching NCCC resources such as Hoonuit and Lynda
- Learn how your professors communicate with you through technology

Dates/Times:  Wednesday, January 23 at 2:00 in Room D-303
              Webinar: Thursday, January 24 at 12:30  Join the meeting at https://zoom.us/j/7765353105
Facilitators:  eLearning Department

**My Professor is Using Blackboard for Assignments. What Do I Do?**

In this workshop, we will explore. How your professor might be using Blackboard for course information, tests, and assignments.

Topics covered:

- How to find Blackboard assignments
- How to submit an assignment
- How do tests work in Blackboard
- How to review grades, rubrics, and feedback

Dates/Times:  Thursday, January 24 at 2:00 in Room D-303
              Webinar: Monday, January 28 at 3:00  Join the meeting at https://zoom.us/j/7765353105
Facilitators:  eLearning Department
Scholarship Workshops $$$

How to Apply for NCCC Scholarships
Learn how easy it is to get free money by fully utilizing the NCCC Scholarship Webpage.

These workshops will focus on how to apply for not only NCCC scholarships, but also many other outside scholarships offered on and off campus. We will assist with navigating through the online scholarship system and give tips on how to write an essay that will stand out from the rest.

Dates/Times:  
Tuesday, April 2 at 10:00
Wednesday, April 3 at 10:00

Location:  
A-117, Financial Aid Conference Room

Facilitator:  
Lisa Mahl